

*Live the Language
Learn the Culture*

Foreign Language and Cultural Immersion Since 1968

NATIONAL REGISTRATION CENTER FOR STUDY ABROAD



Mexico 2008-2009

For more information please visit: www.nrcca.com

NRCSA is a proud member of:



National Registration Center for Study Abroad
PO Box 1393 Milwaukee, Wisconsin 53201 USA
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National Registration Center for Study Abroad (NRCSA)

P.O. Box 1393, Milwaukee, WI 53201 USA. Tel. 414 278 0631 Fax. 414 271 8884



Learn the Culture  Live the Language  Since 1968

INSTITUTO DE LENGUAS – SAN CRISTÓBAL DE LAS CASAS, MEXICO

ABOUT THE SCHOOL AND THE CITY

Instituto de Lenguas has been teaching Spanish to students from all over the world since 1993. They pride themselves on a friendly and relaxed study atmosphere, and do their best to make each student's time with them as fun as it is rewarding.

Instituto de Lenguas aims to make every student's stay as successful and pleasant as possible. That includes conducting high quality language classes, providing accommodation with Mexican host families where students feel comfortable, and giving any assistance needed regarding travel, leisure, and other personal needs of the student.

All teachers are native Spanish speakers and are specially trained in teaching Spanish as a second language.

San Cristóbal de las Casas, with a population of 100,000, lies in the southern Mexican state of Chiapas, high in the mountains surrounded by pine forests. With its cobblestone streets and its red-tile roofs, San Cristóbal is a mix of 16th century Spanish influences and a vivid, colorful indigenous culture. Beautiful churches, cathedrals and buildings abound, along with the largest indigenous market in northern America where the indigenous people from surrounding villages come daily to sell their fruits, vegetables and crafts.

The climate in San Cristobal is particular to its region. May to October, the climate is mild with usual sunny days, but rainy afternoons. October to May, beautiful, sunny and warm days are common, with the nights being clear and chilly.

ABOUT THE PROGRAMS

Instituto de Lenguas specializes in Tutor one-on-one Spanish instruction. As a result, their Spanish classes are set up to accommodate individual learning styles, personal interests and preferences. In order to accommodate a variety of student needs, the school doesn't use one particular textbooks for all students. A variety of textbooks, exercises, books and other learning materials are used. The school does not have a set policy for homework, students do as much as they wish, in agreement with teachers.

Tutor Program 15 hours/week. The Tutor Program consists of 3 hours per day of two 1.5 hour sessions of private one-on-one instruction. Students are encouraged to study with two different teachers daily, as different teachers use different materials and have different styles of instruction. However if the student would like to have just one instructor, the school is happy to arrange that.

Lessons can be scheduled with some flexibility, depending on availability. A student may either take three hours of instruction together, or may have one and half hours in the morning, then have a break, and then have another one and a half hour session later in the day. The school requests that each student define

his/her schedule in advance. There are five 1.5 hour lesson sessions available:

9.00-10.30; 10.30-12.00; 12.00-13.30(1:30PM); 16.00(4:00PM)-17.30(5:30PM); 17.30(5:30PM)-19.00(7:00PM)

Please include your chosen lesson schedule on your NRCSA Registration Form.

Group Program 15 hours per week. The Group Program consists of 3 hours per day of two 1.5 hour sessions held in small groups of 2 to 5 students. Group lessons are from 9.00 to 12.00.

Please Note: This program is available only if there is at least one other student at the same Spanish level who is also interested in group instruction, therefore, it cannot be guaranteed. If you enroll and pay for a Group Program and there is no other student at your same level who is enrolled in the Group Program upon your arrival, you have two options:

- 1) You can receive less than 15 hours per week with a Tutor, the number of hours being determined by the school.
- 2) You can pay the school directly for the difference and receive the full 15 hours per week with a Tutor.

ACCOMMODATIONS

Homestays Contact with the local people of San Cristobal de Las Casas is an invaluable part of learning Spanish, and homestay accommodation provides students with firsthand experience of daily life, and enables them to practice Spanish. Each student is provided with a private room, usually sharing the bathroom with the host family. 3 meals daily are also provided. All host families are within walking distance from the center of town. The school places just one student per family so there is maximum exposure to the language. However, if you prefer to live with another student, the school is happy to arrange that on request.

SPECIAL ACTIVITIES

Instituto de Lenguas is happy to help you plan day trips to the surrounding villages and archeological sites, and also weekend trips to the jungle or to Palenque, visiting waterfalls and going on boat tours. Just ask!

TO REGISTER: Complete the NRCSA Preregistration Form or contact the National Registration Center for Study Abroad at 823 North 2nd Street, P.O. Box 1393, Milwaukee, WI 53201 USA, or by calling (414) 278-0631; by Fax (414) 271-8884.

Check out our website at <http://www.nrcca.com>
or e-mail us at study@nrcca.com

Programs & Activities - San Cristobal de las Casas, Mexico

Programs

The school specializes in Tutor one-on-one Spanish instruction. As a result, their Spanish classes are set up to accommodate individual learning styles, personal interests and preferences.

The students who attend the school have varying goals for their Spanish study. Some of students would like to learn "survival Spanish" for their travels, other would like to study the language in all its complexities, others need their Spanish to aid them in their profession, such as bilingual teachers, physicians or other professionals. In order to accommodate this variety, the school doesn't use one particular textbook for all students. A variety of textbooks, exercises, books and other learning materials are used. All these materials are available for students to study outside of their class time and to make copies to study at home.



The school does not have a set policy for homework, students do as much as they wish, in agreement with their teachers.

Tutor Program 15 hours/week. The Tutor Program consists of 3 hours per day of two 1.5 hour sessions of private one-on-one instruction. Students are encouraged to study with two different teachers daily, as different teachers use different materials and have different styles of instruction. However, if the student would like to have just one instructor, the school is happy to arrange that.

Each school day is broken up into ninety minute sessions, and lessons can be scheduled with some flexibility depending on availability. A student may either take three hours of instruction together, or may have ninety minutes in the morning, then have a break, and then have another session later in the day. The school requests that each student specify his/her schedule in advance.

There are five 1.5 hour lesson sessions available:

- 09.00-10.30
- 10.30-12.00
- 12.00-13.30(1:30PM)
- 16.00(4:00PM)-17.30(5:30PM)
- 17.30(5:30PM)-19.00(7:00PM)

Please include your chosen lesson schedule on your NRCSA Registration Form.

Group Program 15 hours per week. The Group Program consists of 3 hours per day of two 1.5 hour sessions held in small groups of 2 to 5 students. Group lessons are held from 9.00 to 12.00.

Please Note: This program is available only if there is at least one other student at the same Spanish level who is also interested in group instruction, therefore, it cannot be guaranteed. If you enroll and pay for a Group Program and there is no other student at your same level who is enrolled in the Group Program upon your arrival, you have two options:

- 1) You can receive less than 15 hours per week with a Tutor, the number of hours being determined by the school.
- 2) You can pay the school directly for the difference and receive the full 15 hours per week with a Tutor.

Admissions & Academic Credit

Students age 18 years and older are welcomed regardless of educational background, occupation or nationality. No previous knowledge of Spanish is required except where otherwise indicated.

Students desiring credit for their study should contact their home school or request the NRCSA Credit Fact Sheet. Generally, U.S. universities consider 15 hours of study to be equal to 1 semester credit.

For more information about academic credit in Spanish speaking countries, [please click here](#).
For general information on academic credit, [please click here](#).

Programs

Tutor Program
Group Program

Admissions &
Academic Credit

Activities

Excursions

Comments

"It was humbling to want to communicate and be limited by beginner's knowledge and vocabulary. This was such an excellent way to work on learning the language and trully experience a culture. your suggestion in the material to relax, stay open, keep an open mind and keep your sense of humor was quite true!"

Universtiy Student,
San Fancisco, CA

"I enjoyed learning about the situation in Chiapas, visiting Indian villages and the Mayan city of Palengue. The educational experience was very good. Tutorials are the way to go."

Retired College Professor,
West Liberty, WV

"It was a culturally rich area. The couple we stayed with were incredibly generous with there time and patient with our limited Spanish, and were a lot of fun to be with. we enjoyed the side trips, the food, all aspects of our visit."

Professional, San Francisco,
CA

ALL NRCSA PROGRAMS INCLUDE:

- ✓ Foreign language immersion classes
- ✓ Small interactive group and/or one-on-one instruction
- ✓ Culture program integrated into conversation classes, activities
- ✓ Meet-the-People interaction at school, homestays, & community events
- ✓ Orientation covering attractions, how to, health, safety, entertainment
- ✓ Academic assessments, placement-exit tests, Achievement Certificate
- ✓ Lodging (reduced fee if no lodging needed)
- ✓ Meals and/or cooking facilities at most centres
- ✓ Insurance: medical and accident - see below
- ✓ Emergency Hotline staffed 24 hours/day - see below
- ✓ Housing Coordinator familiar with area homestays, apartments, hotels
- ✓ Activity Coordinator facilitates transfers, cultural/social activities, tours
- ✓ Program Director experienced working with foreign participants
- ✓ Qualified, experienced, and certified educators
- ✓ Weekly proficiency goals and progress assessments
- ✓ Planning and Orientation materials
- ✓ International Ambiance, participants from around-the-world welcome
- ✓ Telecom assistance, web/e-mail access, usually on-site
- ✓ Local taxes for included services
- ✓ 24:7 Culture Immersion w/ native speakers: class, homestay, community
- ✓ **ALL NRCSA PROGRAMS INCLUDE the following INSURANCE***

ACCIDENT INSURANCE up to \$10,000 SICKNESS INSURANCE up to \$10,000

EMERGENCY MEDICAL EVACUATION up to \$25,000

EMERGENCY REUNION up to \$5,000

REPATRIATION up to \$7,500

LIFE INSURANCE \$5,000

plus

24 HOUR EMERGENCY WORLDWIDE MULTI-LINGUAL TELEPHONE ASSISTANCE

MANY ALSO OFFER

- ✓ **Tours:** cultural visits, day and weekend fieldtrips
- ✓ **Art:** classes/workshops, craft, dance, theater, fashion, music, photo
- ✓ **Humanities:** culture, area studies, hist, lit, gov't, educ, comm, plus...
- ✓ **Health:** golf, swimming, tennis, diving, skiing, riding, plus...
- ✓ **Special:** vocabulary classes tailored to your professional needs
- ✓ **Lodging:** homestay, apartment, dorm, hotel, special diet
- ✓ **Food:** home cooking, cooking classes, dine-around, wine tasting
- ✓ **Family:** services, daycare, child classes, community services
- ✓ **Teacher:** training, workshops, practicums, practice teaching, ECH
- ✓ **Teen:** camps and youth programs (including experiential)
- ✓ **University:** credit, undergraduate and graduate
- ✓ **Professional:** development credit in many fields, licensure, CEU
- ✓ **Volunteer:** medical, social service, ecology, teach plus...
- ✓ **Internships:** business, media, arts, eco, tourism, computer, plus...
- ✓ **Business:** classes, visits, networking, executive support services
- ✓ **Peer-to-Peer:** share interests, network by profession or hobby
- ✓ **Current Events & Professional Workshops, Holiday Courses**
- ✓ **Distance** educ liaison service, independent studies, research assist
- ✓ **Free** books and course materials. Return at end of studies
- ✓ **Free** airport transfers and internet access
- ✓ **Assessment** reports for attendance, progress, acculturation if needed
- ✓ **Medical:** professional training, law, social work, sciences etc.

** If you have a problem while studying abroad, call the 24 hour hotline! Call Any Time from Anywhere! Medical or travel emergencies, legal or medical or embassy referrals, lost passport or luggage, emergency message relay, coordinating emergency prescription replacement or cash transfer, emergency translations, 24-hour medical monitoring. Problems seldom occur, but when they do, it is nice to know insurance and worldwide assistance are included in your cost for study dates prepaid through NRCSA as reflected on your NRCSA confirmation. Additional optional insurance available upon request. Refer to the certificate for specific terms, conditions and other details regarding benefits, limitations, eligibility and exclusions of this plan. Questions? Contact NRCSA: Tel: 414-278-0631 ... E-Mail: info@nrcca.com ... Web: <http://www.nrcca.com>*

For Questions, Concerns, or Registration, Contact NRCSA
National Registration Center for Study Abroad * Box 1393, Milwaukee WI 53201 USA
Tel 414-278-0631 * Fax 414-271-8884* www.nrcca.com * info@nrcca.com
Since 1968 * Language-Culture Immersion Worldwide * Start Weekly * All Ages * Credit, CEU or Enrichment

PREREGISTRATION FORM – NRCSA PROGRAMS

1. Complete & send to NRCSA, P.O. Box 1393, Milwaukee, WI 53201, USA • Tel. (414) 278-0631 • Fax (414) 271-8884 • Web: www.nrcca.com
2. Enclose a non-refundable deposit/registration fee of \$140 per person, per program, payable to NRCSA (\$40 registration fee & \$100 program deposit applied towards the program costs).
3. Register early. Add \$40 per person late enrollment fee if paying in full within 40 days of departure. Within 20 days, payments by certified check.
4. Credit Cards may be used for deposits (see "H" below). NRCSA street address for overnight deliveries is 207 East Buffalo Street, Suite 610, Milwaukee, WI 53202 USA. You are welcome to photocopy this form. Please send separate form for each school if taking multiple programs.

A. Name(s) _____ Sex _____ Birthdate _____ Citizenship _____
Please print
 _____ Employer _____ Occupation _____
If student, school attending and year

Street: _____ Tel. Home: _____
Street address (not P.O. Box) where someone can sign for documents sent to you.

City/State/Zip: _____ Tel. Work: _____
 Fax: _____
 E-mail: _____

In Emergency, notify: _____
(Name, Address, Phone)

B. BACKGROUND: _____
Describe your background in the course you're taking abroad. Check your ability level: Beginner Post Beginner
 Intermediate Advanced

C. LODGING: _____
Schools will try (cannot guarantee) to meet them. Special Diet (may be available) at additional cost.

Check Preferences.
 Single Share Twin Other: _____
 Yes Smoking No Smoking Either
 Yes Pets No Pets Either
 Yes Children No Children Either

D. GOALS: _____

E. INSURANCE: Includes prepaid study dates. To extend coverage up to 30 days before/after study dates, add \$5/day or \$19/week and advise dates.

PREFER: Homestay Involvement Freedom to Come/Go
ARE YOU? Quiet Outgoing Frequent Traveler
OBJECTIVES: Enrichment Academic Credit Job Related
HOBBIES: Reading Music Cooking Jogging Sports

F. PROGRAM INFORMATION	School/Center
Program Name (use title from Dates & Fees)	City/Country
Date: Start Program	Date: Start Lodging (most start day before)
No. of hours day/week	No. of weeks attending
Disabilities/Allergies/Health Problems	2nd Choice Program
How did you learn about NRCSA?	Social Security Number
Options (see program for choices)	
Your Signature (if you are under age 18, both parents must also sign)	

INSURANCE INCLUDED for PRE-PAID STUDY DATES

ACCIDENT / MEDICAL INSURANCE UP TO \$10,000

EMERGENCY MEDICAL EVACUATION UP TO \$25,000

EMERGENCY REUNION UP TO \$5,000

REPATRIATION UP TO \$7,500

LIFE INSURANCE \$5,000

24 HOUR EMERGENCY WORLDWIDE-MULTI-LINGUAL TELEPHONE ASSISTANCE

For More Info: <http://www.nrcca.com/INS24hrHotline.html>

H. CREDIT CARDS:

For program deposit only (**not final payment**) check:
 VISA Mastercard American Express Amount Charged \$ _____

_____ / _____
Card Number (13 or more numbers) Exp Date

SIGNATURE (as on card) PRINT name (as on card)

CHANGE FEES of at least \$35 apply for each change you make. Some "changes" may result in cancellation fees.

CANCELLATIONS are effective the day received in writing by NRCSA in Milwaukee. All payments less \$140 per program fully refundable up to 60 days prior to departure. For cancellations within 60 days of departure, \$250 per person is not refundable; within 40 days of departure, less 50% of program cost or \$300 per person (whichever is greater); within 14 days of departure, 100% of program cost is non refundable. Airline cancellation penalties, if any, are in addition to those outlined above. Cancellation penalties are per person, per program. Medical, baggage (above that included) and cancellation insurance is strongly recommended. Attach a note if you have a medical condition or Rx which the school/center should know about.

CONDITIONS: Each institution listed herein is independent of the National Registration Center for Study Abroad (hereinafter referred to as NRCSA, controls, and will periodically make changes in the program. Classes may fill, be changed, or dropped by the sponsoring academic institutions. NRCSA is a division of Mibar Ltd. and is not responsible for these changes or other actions beyond its control such as strikes, postal delays or loss, mechanical breakdowns, weather, government actions, delay or acts/omissions of suppliers. NRCSA may make changes or substitutions or cancel any program. In the event of entire program cancellation by NRCSA, liability is limited to refunding all monies paid to NRCSA for said program. Passengers electing not to use portions of a program shall not be entitled to a refund. No agent or representative of NRCSA shall have the right to alter the provisions listed herein. Costs based on tariffs and exchange rates effective the date of printing of this material, and are subject to change. Additional costs resulting from such change will be paid by the participant. Registrations are valid when accepted by NRCSA in Milwaukee. The passage contract used by the airline, when issued, is the sole agreement between it and you. Photographs of or statements by participants may be used by NRCSA. NRCSA, group leaders or foreign coordinators, at their discretion, may get medical assistance for participants, or place them in a hospital, or fly them back to the U.S. for medical treatment. All costs related to medical treatment or evacuation will be paid by the participant. As visitors you are expected to adhere to foreign rules and customs. If the foreign staff feels you are not adhering to these rules and customs, your participation in the program shall terminate immediately without refund whatsoever. A "homestay" is defined as living with a local person(s) in the foreign country and may not be multi generational, multinational, etc. It is the responsibility of the participant to have required proof of citizenship and visa(s) if applicable - check with the consulate of the country(s) you will be visiting.

INFORMATION USE: Information provided to NRCSA will be shared with participating organizations to facilitate your registration.

NOTE: Classes canceled in honor of local holidays are not made up. Foreign Language schools use placement tests. If there is no group at your level, smaller group or tutor classes may be substituted with fewer hours per week. Classes are conducted entirely in the target language. See **Fast Facts Guide** for more information.